



General Safety Tips

- Be mindful of clothing. Heels or tight skirts are hard to run and fight in. Scarves and long necklaces are easy to grab. If possible, modify your fashion style or wear comfortable clothing when walking alone.
- Make Eye Contact. This shows confidence and leads assailants to believe they could be recognized.
- Keep Eyes and Ears Open, Hands Free. It is important to be alert to who and what is around you. Talking on a cell phone or listening to headphones can be distracting. It can also make you an easy target.
- Regularly change your walking routine.
- At night, walk in-groups of at least two and stick to well lit, well-traveled streets.
- Don't flash large amounts of cash in public and always carry a purse close to or across your body.
- If someone tries to rob you, don't resist. Give up your property.

Safety tips for parking

- Park in well-lit areas, near your destination. Remember where you parked so you can return directly to your vehicle.
- Avoid parking near strangers loitering or sitting in vehicles.
- When parking, don't leave valuables in plain sight (including power cords) and always lock your vehicle.
- Don't carry a large quantity of items in your hands when you are walking to and from your vehicle.
- Have your vehicle key ready to use and lock your doors immediately after getting into your vehicle.
- If you feel uneasy about a situation, call for help, walk the other way, and report the situation to the local police.

Office Safety Tips

- Always lock your office, even when you step out for a few minutes.
- Don't leave valuables unattended, no matter how briefly. Take them with you or keep them locked in a secure cabinet out of sight. Don't leave valuables in your office overnight.

- Don't store money in drawers or cabinets and always keep them locked.
- Make copies of credit cards and other valuables in your wallet.

Social Networking/Internet Safety

- When using social networking sites never post personal identification information or photographs that could be used for identity theft.
- Try to only shop online with companies you know and, use a secure browser that will encrypt or scramble purchase information.
- Never give anyone your bank account number, Social Security number or other personal information.

Walking/Running Precautions

- Take your cell phone with you so you can call 911 if needed.
- Let someone know where you're going and when you plan to return.
- Avoid walking too closely to bushes or areas with any kind of tall overgrowth.
- Run or walk in familiar areas when possible.
- Use caution at night. If you are out after dark, carry a flashlight or head lamp.
- Walk on the sidewalk facing traffic. This makes it more difficult for someone to drive up behind you without being noticed.

-CALL 911 WITH ANY SUSPICIOUS ACTIVITY NOT FACEBOOK

This list was compiled by Officers Derek Hartman & Rich Kehler, January 2018